

**Mount Arlington Public School District
235 Howard Boulevard
Mount Arlington, NJ 07856**

MAPS

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To: All Parents

Subject: Health Information

In an effort to ensure your child's good health and improve attendance, I have a few suggestions that may be helpful to check the spread of infection among our students and adult population in school. We will need your help in carrying out the following recommendations:

STREP THROAT – A child may return to school 24-48 hours after the first dose of antibiotics were given. (Other family members should be cultured at the Doctor's office if they develop symptoms.)

VOMITING & DIARRHEA – Child should be symptom-free for twenty-four hours and be able to hold down food and fluids before returning to school.

FEVER –

- Mild: 100-102, a child may return to school when the temperature has been normal for twenty-four hours.
- High: 102 or higher, a child may return to school after the temperature has been normal for forty-eight hours.

COLD – Child should stay home if he or she is too uncomfortable to complete his/her work or has a cough, which is accompanied by a temperature.

ABSENCE OF THREE OR MORE DAYS – The child should return to school with a Doctor's note indicating the medical diagnosis, and the date they should return to school.

Thank you for your support in following these recommendations. Should you have any questions or concerns regarding these procedures, please do not hesitate to contact me.