



# Decker School

May 2018  
Lunch Menu

**NUTRITION NEWS:** May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.75
Reduced Lunch	\$0.40
Adult Lunch	\$3.50

## Maschio's Swap Outs

**Monday:** Cheeseburger on a Bun

**Tuesday:** Pizza

**Wednesday:** Chicken Tenders with a Dinner Roll

**Thursday:** Hot Dog on a Bun

**Friday:** Grilled Cheese Sandwich

Maschio's Swap Outs Available Daily

- Cereal Bag
- Bagel Bag
- PB & J Meal

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Hamburger or Cheeseburger on a Bun</b> Baked Fries Fresh or Chilled Fruit	2 <b>Breakfast for Lunch</b> Waffles with Strawberry Compote Breakfast Sausages Tater Tots Fresh or Chilled Fruit	3 <b>CINCO DE MAYO Celebration</b> Taco Meat, Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! <sup>®</sup> Tortilla Chips Steamed Corn Fresh or Chilled Fruit Warm Cinnamon Churro	4 <del>STAR WARS DAY</del> <b>Lightsaber Pizza Sticks with Marinara Sauce</b> Chewbacca Cucumber Coins Fresh or Chilled Fruit
	<b>National Hamburger Month</b>			<b>School Lunch Hero Day</b>
7 <b>Chicken Nuggets</b> Dinner Roll Vegetable Medley Fresh or Chilled Fruit	8 <b>Grilled Cheese Sandwich</b> Freshly Prepared Garden Salad Fresh or Chilled Fruit	9 <b>Pasta with Meatballs</b> Dinner Roll Peas and Carrots Fresh or Chilled Fruit	10 <b>Teriyaki Chicken with Rice</b> Steamed Broccoli Fresh or Chilled Fruit	11 <b>Vinny's Pizza</b> Freshly Prepared Cucumber and Tomato Salad Fresh or Chilled Fruit
14 <b>Chicken Sandwich on a Bun</b> Green Beans Fresh or Chilled Fruit	15 <b>Ham and Cheese Melt on a Bun</b> Baked Fries Fresh or Chilled Fruit	16 <b>Lucky Tray Day</b> <b>Chicken Sticks with Waffle Sticks</b> Tater Tots Fresh or Chilled Fruit	17 <b>Chicken and Cheese Quesadilla with Salsa</b> Southwestern Corn Fresh or Chilled Fruit <b>National Salsa Month</b>	18 <b>Personal Pan Pizza</b> Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit
21 <b>Chicken Tenders</b> Buttered Noodles Steamed Vegetables Fresh or Chilled Fruit	22 <b>Hot Dog on a Bun</b> Vegetable Pasta Salad BBQ Baked Beans Fresh or Chilled Fruit <b>National BBQ Month</b>	23 <b>Creamy Mac &amp; Cheese</b> Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit	24 <b>Breakfast for Lunch</b> <b>Pancakes</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	25 <b>Vinny's Pizza</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
28 <b>Memorial Day</b>  <b>School Closed</b>	29 Taco Meat, Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! <sup>®</sup> Tortilla Chips Steamed Corn Fresh or Chilled Fruit	30 <b>Pasta with Meat Sauce</b> Garlic Bread Freshly Prepared Caesar Salad Fresh or Chilled Fruit	31 <b>Hamburger or Cheeseburger on a Bun</b> Baked Fries Fresh or Chilled Fruit	

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: (973)398-6400 x215

POINT OF SALE SYSTEM AT MT ARLINGTON SCHOOL:  
ALL STUDENT'S ARE GIVEN A PIN TO ACCESS THEIR ACCOUNT.  
Please visit PAYFORIT.NET  
to fund your child's online lunch account. You may also send in cash or check.

**Please Make Checks Payable To:**  
**Mt. Arlington B.O.E.**

MENU SUBJECT TO CHANGE



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

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