



# Mount Arlington

May 2018  
Breakfast Menu

## Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

**All Meals Come With:**  
100% Fruit Juice  
Chilled Fruit  
Milk Selection

### NUTRITION NEWS:

May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!



#### Student Breakfast


\$1.50

#### Adult Breakfast

\$2.25

#### Reduced Breakfast

\$0.30

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	2 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	3 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	4 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese
7 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	8 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	9 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	10 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	11 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese
14 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	15 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	16 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	17 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	18 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese
21 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	22 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	23 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	24 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	25 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese
28 <b>Memorial Day</b>  <b>School Closed</b>	29 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	30 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	31 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	

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MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"