



Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

All Meals Come With:
 100% Fruit Juice
 Chilled Fruit
 Milk Selection

Student Breakfast

\$1.50

Adult Breakfast

\$2.25

Reduced Breakfast

\$0.30



NUTRITION NEWS:

Eat the Colors of the Rainbow Week

Did you know that by eating a variety of colorful fruits and vegetables you are able to get a variety of different vitamins and minerals? Each vitamin and mineral gives you a special "superpower" or benefit! For example, that orange pigment in carrots and sweet potatoes otherwise known as beta-carotene aids in keeping good eye health and vision. This April, challenge yourself to eat a variety of different colored fruits & vegetables...your body will thank you later!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Spring Recess! School Closed				
9 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	10 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	11 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	12 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	13 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese
16 Half Day Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	17 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	18 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	19 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	20 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese
23 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	24 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	25 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	26 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese	27 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese
30 Donut, Muffin, Mini Cinnis, Cereal Meal, Assorted Breakfast Sandwiches, Mini Pancakes, Mini Waffles, or Bagel with Cream Cheese				

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